



MY SWIM TEAM NOVICE SWIMMING COMPETITION

- HOSTED BY: MY SWIM TEAM
- SUPPORTED BY: SOLID SWIMMING COACHES OF THE PHILIPPINES INC.
- DATE: MAY 23, 2026
- VENUE: Philippine Columbian Association
- FACILITIES:
 - a) 25 Meter Pool / 6 Lanes
 - b) Clean Shower Room
- TIME: Warm-up: 6:00 am - 7:15 am
- Coaches' Meeting: 7:20 am - 7:45 am
- Start of Meet: 8:00 am
- AGE CATEGORY: AGE BAND (BOYS/GIRLS)
- CLASS Novice & D: 4 & under 5,6,7,8, 9,10,11,12,13,14,15,16,17 & Over
- CLASS ABC: 6 under, 7-8, 9-10, 11-12, 13-14, 15-16, 17 & over
- TECHNICAL RULES: WORLD AQUATIC Rules.

REGISTRATION

- Open to all club's team and school team regardless of affiliations.
- Entry fee 1,500 pesos.
- Deadline for submission of entries is until MAY 20, 2026
- Verifiable time should be submitted for NOVICE Category.
- **Maximum entry of 5 Individual Event + 2 Relay is allowed per swimmer.**
- Swimmers for ABC category with no seed time submitted will be declared NT and be place at the early heat.
- All entry should be submitted using official entry form with swimmer's name, birthday, event number, seed time and duly signed by the coaches, (printed legibly)

AGE OF RECKONING

- Age as of the date of competition MAY 23, 2026
- Coaches must make sure all ages entered are true and correct, it is



the team coaches' responsibilities to check the correctness of their swimmer's birth date and ages.

RULES:

- Timed final.
- meet rules shall apply according to W.A. rules.
- Verification of swimmer's age.
- **STRICKLY NO DECK CARD ENTRY.**
- The technical committee may ask the team to produce birth certificate.

In case the date of registration on birth certificate is more than one (1) year after the date of birth swimmers must submit the following additional documents mentions below. (Certification of true age from organizer's appointed dentist or physician or whichever body the organizer to decides and appoint at the time the certification may be needed)

WITHDRAWALS

- Withdrawals of entered names & events can be done until FRIDAY. MAY 20, 2026.
- An administrative fee of P100.00 will be levied for every withdrawal made after the deadline by a coach, on behalf of any swimmer and for any event.
- The administrative fee will only be waived if the swimmer produces a valid medical certificate, but the registration fee will not be refunded.
- The swimmer will not be permitted to participate in any further races for the day.

NOTE:

- The organizer is not responsible for expenses incurred from acquiring said documents. Expenses to be shouldered by the parents/club of the said swimmer.
- Protest/s must be in writing along with a protest fee of Php 2,000. Protests must be filed within 30 minutes after posting of the results. If found valid, the fee will be returned by the protest committee. Any



protest filed beyond the said time frame will not be entertained. Only the head coach / team manager may file the protest. The technical jury will be composed of five (5) members.

- Please be mindful for your personal belongings, the organizer is not responsible for any lost

AWARDS:

- Team Overall: Trophies shall be awarded to the Over-All Champion, the 1st Runner up and 2nd Runner-up (Based on the combined Standard Points for boys' and girls' events).
- Individual: Gold, Silver, and Bronze Medal for the top (3) three finisher of each event per Category (AGE BAND).
- Trophies will be awarded for the Most Outstanding Swimmers in each Age band based on Standard Points.
- In case of tie, the number of medals starting with the gold, silver and bronze will be considered.
- Record breakers will received certificate and medal

POINTS SYSTEM:

- Individuals (1st -9), (2nd -7), (3rd -6), (4th -5), (5th -4) (6 th -3), (7 th -2), (8 th -1)
- Relays (1st -18), (2nd -14), (3rd -12), (4th -10), (5th -8) (6 th -6), (7 th -4), (8 th -2)

ENTRIES:

- Use official meet entry form. Birth dates must be indicated in the entry forms.
- No swim-up in individual events
- Faxed entries are not allowed.
- Entries must be duly signed by the teams' respective coaches.

E-MAIL ENTRIES TO:

EMER MATIENZO	09054140726	emermatienzo@yahoo.com
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ENTRIES FEES TO:

COACH ZIG CAMUA	GCASH	09399101865
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STRICKLY PROHIBITED:





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Event No	Age Group	Distance	Stroke	Event No.
BOYS				GIRLS
NOVICE EVENT (AGE BOND)				
101	4 YEARS OLD UNDER	25 METERS	NOODLE RACE	102
103	4 YEARS OLD UNDER	25 METERS	BACK FLOATER RACE	104
105	4 YEARS OLD UNDER	25 METERS	DOG PADDLE W/FINS	106
107	5 YEARS OLD OVER	25 METERS	FREESTYLE KICK w/ Kickboard	108
109	5 YEARS OLD OVER	25 METERS	FREESTYLE	110
111	5 YEARS OLD OVER	25 METERS	BACKSTROKE	112
113	5 YEARS OLD OVER	25 METERS	BREASTSTROKE	114
115	5 YEARS OLD OVER	25 METERS	BUTTERFLY	116
117	5-7 YEARS OLD	4x25 METERS	FREESTYLE RELAY	118
119	8-11 YEARS OLD	4x25 METERS	FREESTYLE RELAY	120

ABC EVENT (AGE GROUP)				
121	12 yrs & under	50 METERS	BUTTERFLY	122
123	13 yrs & over	50 METERS	BUTTERFLY	124
125	12 yrs & under	50 METERS	BACKSTROKE	126
127	13 yrs & over	50 METERS	BACKSTROKE	128
129	12 yrs & under	50 METERS	BREASTSTROKE	130
131	13 yrs & over	50 METERS	BREASTSTROKE	132
133	12 yrs & under	50 METERS	FREESTYLE	134
135	13 yrs & over	50 METERS	FREESTYLE	136
137	12 yrs & under	100 METERS	INDIVIDUAL MEDLEY	138
139	13 yrs & over	100 METERS	INDIVIDUAL MEDLEY	140
141	12 yrs & under	4x25 METERS	FREESTYLE RELAY	142
143	13 yrs & over	4x25 METERS	FREESTYLE RELAY	144
145	12 yrs & under	4x25 METERS	MEDLEY RELAY	146



147	13 yrs & over	4x25 METERS	MEDLEY RELAY	148
149				150
		END OF GAME		

